

課程優惠請參考本公司網站 Please visit our website for current special offer.

\* 2人或以上報名，請與本會職員聯絡關於可供預約的上堂時間。  
\* Please contact us before booking to check what timeslot is available, if you have TWO or more participants.

注意：課程會因應人數而改變上堂時間或取消課程，詳情可與本會職員聯絡。  
Please note that class time may change or be cancelled due to lack of demand, please contact us to confirm specific class details.

| Course Code                                                    | Sections             | Date          | Time      | Venue                                                                                               | Language         |
|----------------------------------------------------------------|----------------------|---------------|-----------|-----------------------------------------------------------------------------------------------------|------------------|
| OW260701T<br><br>(收生中 2人開班)<br>(Class Start with two students) | 理論<br>Theory         | 01 Jul 26 Wed | 1000-1500 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 廣東話<br>Cantonese |
|                                                                | 泳池<br>Confined Water | 04 Jul 26 Sat | 0900-1700 | 香港浸會園 Hong Kong Baptist Assembly<br>粉嶺坪輦路88號 (免費泊車)<br>No.88, Ping Che Road, Fanling (Free Parking) |                  |
|                                                                | 出海<br>Open Water     | 11 Jul 26 Sat | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
|                                                                | 出海<br>Open Water     | 12 Jul 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
| OW260702T<br><br>(收生中 2人開班)<br>(Class Start with two students) | 理論<br>Theory         | 04 Jul 26 Sat | 1000-1500 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 廣東話<br>Cantonese |
|                                                                | 泳池<br>Confined Water | 05 Jul 26 Sun | 0900-1700 | 香港浸會園 Hong Kong Baptist Assembly<br>粉嶺坪輦路88號 (免費泊車)<br>No.88, Ping Che Road, Fanling (Free Parking) |                  |
|                                                                | 出海<br>Open Water     | 12 Jul 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
|                                                                | 出海<br>Open Water     | 19 Jul 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
| OW260703T<br><br>(收生中 2人開班)<br>(Class Start with two students) | 理論<br>Theory         | 08 Jul 26 Wed | 1930-2200 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 廣東話<br>Cantonese |
|                                                                | 理論<br>Theory         | 15 Jul 26 Wed | 1930-2200 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             |                  |
|                                                                | 泳池<br>Confined Water | 17 Jul 26 Fri | 1900-2200 | 英皇佐治五世學校 King George V School<br>何文田天光道2號<br>2 Tin Kwong Road Ho Man Tin                            |                  |
|                                                                | 泳池<br>Confined Water | 24 Jul 26 Fri | 1900-2200 | 英皇佐治五世學校 King George V School<br>何文田天光道2號<br>2 Tin Kwong Road Ho Man Tin                            |                  |
|                                                                | 出海<br>Open Water     | 26 Jul 26 Sun | 0900-1700 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
|                                                                | 出海<br>Open Water     | 02 Aug 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
| OW260704T<br><br>(收生中 2人開班)<br>(Class Start with two students) | 理論<br>Theory         | 11 Jul 26 Sat | 1000-1500 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 英文班<br>English   |
|                                                                | 泳池<br>Confined Water | 18 Jul 26 Sat | 0900-1700 | 香港浸會園 Hong Kong Baptist Assembly<br>粉嶺坪輦路88號 (免費泊車)<br>No.88, Ping Che Road, Fanling (Free Parking) |                  |
|                                                                | 出海<br>Open Water     | 25 Jul 26 Sat | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
|                                                                | 出海<br>Open Water     | 26 Jul 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
| OW260705T<br><br>(收生中 2人開班)<br>(Class Start with two students) | 理論<br>Theory         | 12 Jul 26 Sun | 1100-1600 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 英文班<br>English   |
|                                                                | 泳池<br>Confined Water | 17 Jul 26 Fri | 1900-2200 | 英皇佐治五世學校 King George V School<br>何文田天光道2號<br>2 Tin Kwong Road Ho Man Tin                            |                  |
|                                                                | 泳池<br>Confined Water | 24 Jul 26 Fri | 1900-2200 | 英皇佐治五世學校 King George V School<br>何文田天光道2號<br>2 Tin Kwong Road Ho Man Tin                            |                  |
|                                                                | 出海<br>Open Water     | 01 Aug 26 Sat | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
|                                                                | 出海<br>Open Water     | 02 Aug 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
| OW260706T<br><br>(收生中 2人開班)<br>(Class Start with two students) | 理論<br>Theory         | 22 Jul 26 Wed | 1930-2200 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 廣東話<br>Cantonese |
|                                                                | 理論<br>Theory         | 23 Jul 26 Thu | 1930-2200 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             |                  |
|                                                                | 泳池<br>Confined Water | 25 Jul 26 Sat | 0900-1700 | 香港浸會園 Hong Kong Baptist Assembly<br>粉嶺坪輦路88號 (免費泊車)<br>No.88, Ping Che Road, Fanling (Free Parking) |                  |
|                                                                | 出海<br>Open Water     | 01 Aug 26 Sat | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |

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|-----------------------------------------------|----------------------|---------------|-----------|-----------------------------------------------------------------------------------------------------|------------------|
|                                               | 出海<br>Open Water     | 02 Aug 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
| OW260707T                                     | 理論<br>Theory         | 25 Jul 26 Sat | 1300-1700 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 廣東話<br>Cantonese |
| (收生中 2人開班)<br>(Class Start with two students) | 泳池<br>Confined Water | 26 Jul 26 Sun | 0900-1700 | 香港浸會園 Hong Kong Baptist Assembly<br>粉嶺坪輦路88號 (免費泊車)<br>No.88, Ping Che Road, Fanling (Free Parking) |                  |
|                                               | 出海<br>Open Water     | 01 Aug 26 Sat | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
|                                               | 出海<br>Open Water     | 02 Aug 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
| OW260708T                                     | 理論<br>Theory         | 20 Jul 26 Mon | 1930-2200 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             | 廣東話<br>Cantonese |
|                                               | 理論<br>Theory         | 27 Jul 26 Mon | 1930-2200 | 銅鑼灣駱克道369號置家中心6樓<br>6/F., iHome Centre, 369 Lockhart Road, Causeway Bay                             |                  |
|                                               | 泳池<br>Confined Water | 24 Jul 26 Fri | 1900-2200 | 英皇佐治五世學校 King George V School<br>何文田天光道2號<br>2 Tin Kwong Road Ho Man Tin                            |                  |
|                                               | 泳池<br>Confined Water | 31 Jul 26 Fri | 1900-2200 | 英皇佐治五世學校 King George V School<br>何文田天光道2號<br>2 Tin Kwong Road Ho Man Tin                            |                  |
|                                               | 出海<br>Open Water     | 02 Aug 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |
|                                               | 出海<br>Open Water     | 09 Aug 26 Sun | 0845-1500 | 西貢長碼頭1-6號泊位<br>Sai Kung Public Pier berth 1-6                                                       |                  |